# Lived Experience of Resilient Healthcare in Quality and Safety

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#### Background and Role

- Registered Nurse with critical care background
- JCAHO
- ISO 9001 trained
- Quality Coordinator Critical Care Complex, Middlemore Hospital since 2008



# Steps-ALONG THE Journey

#### Incident Investigation

What you did

vs

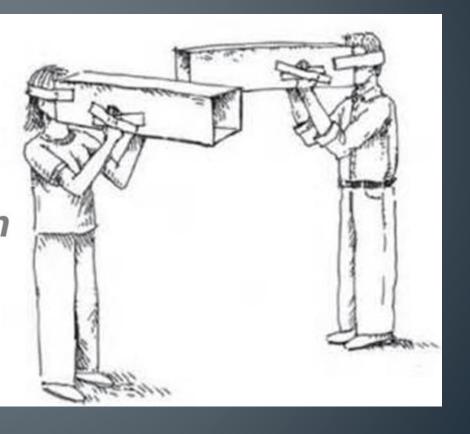
What you should have done

If you didn't document it, it wasn't done



## Why Did That Seem Like the Right Thing To Do

People do things that make sense to them, given their goals, understanding of the situation and focus of attention at that time.



#### Real life examples

- Patient admitted with multiple trauma
- Night time agitation and restlessness

- Increasing agitation despite usual therapies
- Low blood sugar event

#### Recommendations



#### Different Approach

#### Be curious

- Curious questions about how it normally happens
- Why it normally happens like that
- What are they trying to achieve



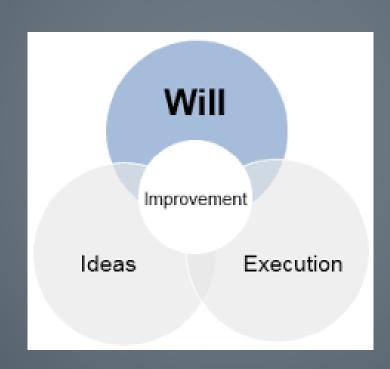
#### Fundamental Assumptions

People generally come to work to do a good job

We need to understand what people actually do

#### Quality Improvement Principles

- Aim Statement
  - Setting targets
- Measurements
  - Process and Outcomes
  - Collect Data
- Ideas to test
  - PDSA cycles

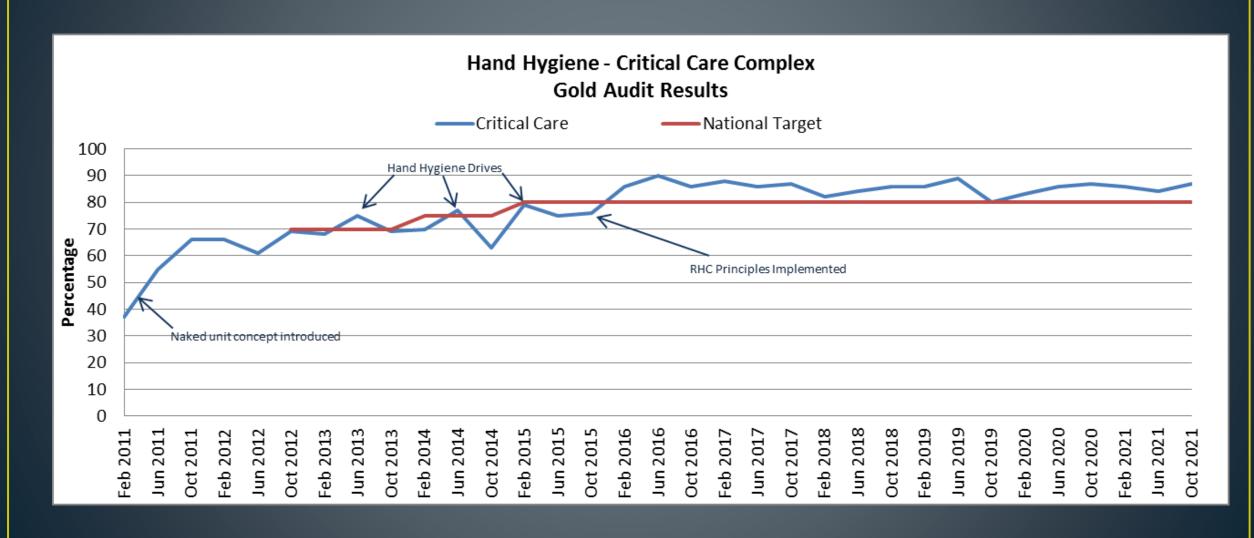


#### Successful initiatives

- Roll out to other areas
- Provide a burning platform
- Educate staff
- Compare areas results

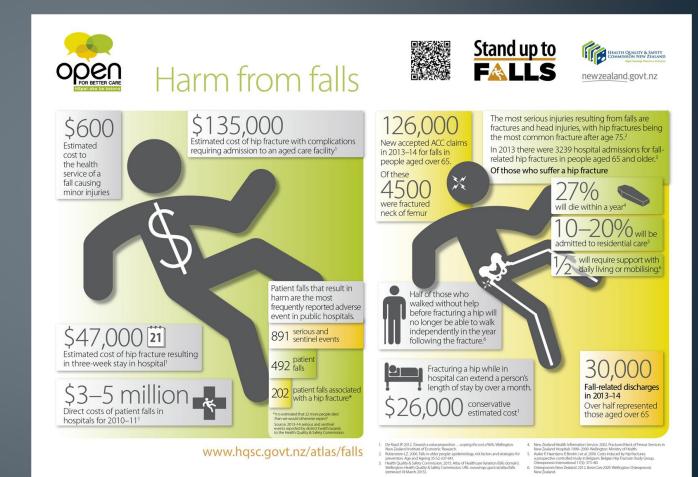
Audit Results We achieved a complince rate of: 73% down 9% from our last audit. 80% is considered a PASS La Student Nurses 83%. -> Phlebotomist 90% 4 Allied health 94% 13 Nurses 81% So who failed? -> Medical Practioners 55%. L's Health Gare Assistant 69%

#### Hand Hygiene Project



#### Falls with Harm

- Quality Improvement project
- Reportable events
- Root cause analysis investigations
- Routine findings
- Routine recommendations



#### Falls with harm — Resilient Approach

Observe ordinary work

Observe without judgement

Ask curious questions



## Work as imagined assumptions blown out of water

- Care partner has more than 1 patient.
- Patients moved more than 3 or 4 times
- Moving to nurses station for closer
- Electronic system failure for workflows

#### What I've learnt

Curiosity builds trust

It's really hard to suspend judgement!

• It doesn't make problems easier to solve but you understand a lot more

