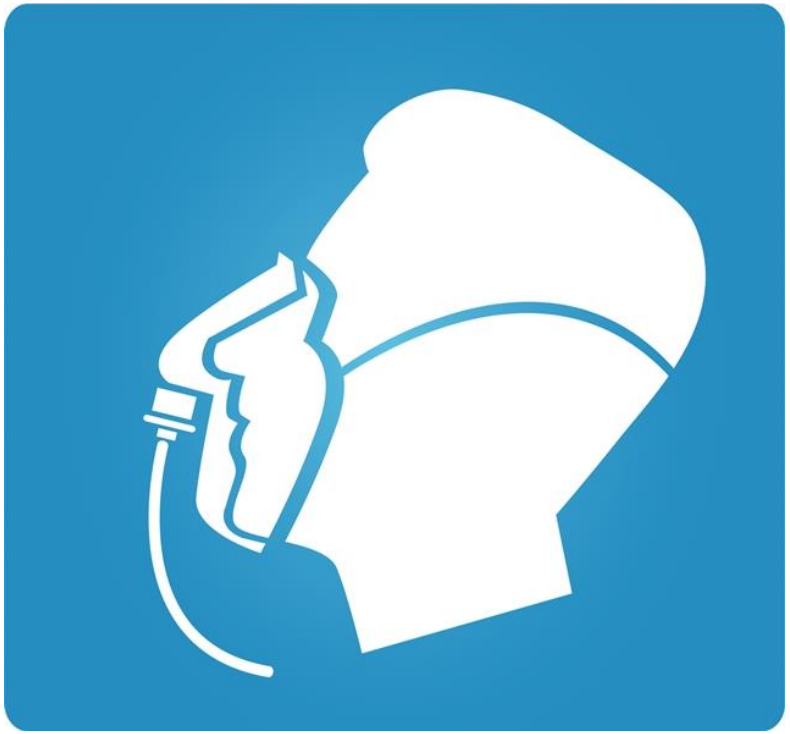
#O2TheFix

Swimming Between The Flags



Jessica Nand

Pharmacist Team Leader, Surgical Services & ICU Pharmacist

North Shore Hospital, Waitemata DHB

O_2

OXYGEN

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Oxygen

- Medical gas?
- Can help patients?
- Can cause harm?
- Should be monitored?
- Should be targeted to a physiological range?
- Deserves the same respect as a drug?
- Is a medicine?

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Joe

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Which one?

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Confusion

O_2 via mask?

Controlled O_2?

FiO_2?

O_2 saturation > 96%?

CO_2 retainer?

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Evidence

- Oxygen titrated to a specific target saturation *saves* lives[1]
- TSANZ Guideline "Swimming between the flags"[2]
- BTS Guidelines for Ventilatory Management of Acute Hypercapnic Respiratory Failure 2016

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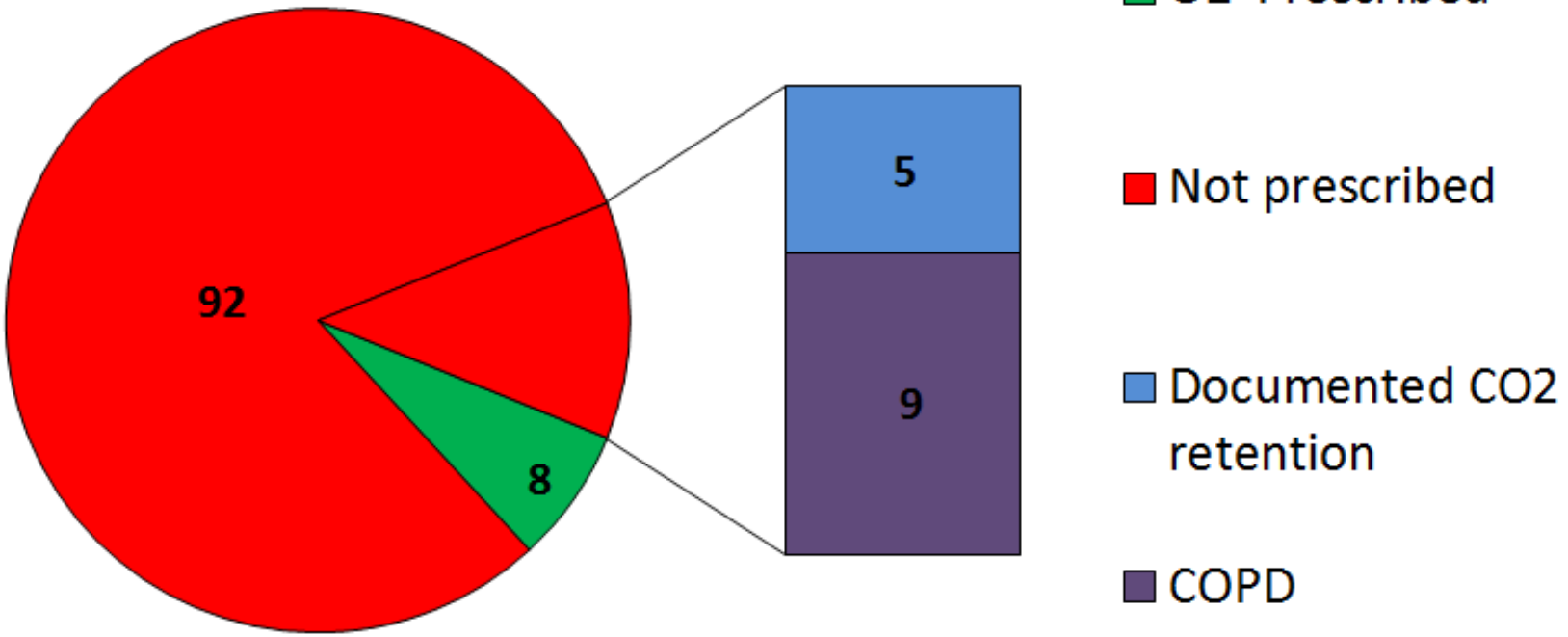
- Poor rate of prescribing[4]
- Unsafe administration[4]



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Oxygen Steering Group

- WDHB Medication Safety Committee
- Consultant led multi-disciplinary steering group

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Aim

- Improve understanding
- Prescribe appropriately
- Patient safety → “Swimming Between the Flags”

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1. Baseline audit

Patients *using* oxygen?

- Prescribed?
- Device?
- Target saturation range?

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2. e-Prescribing

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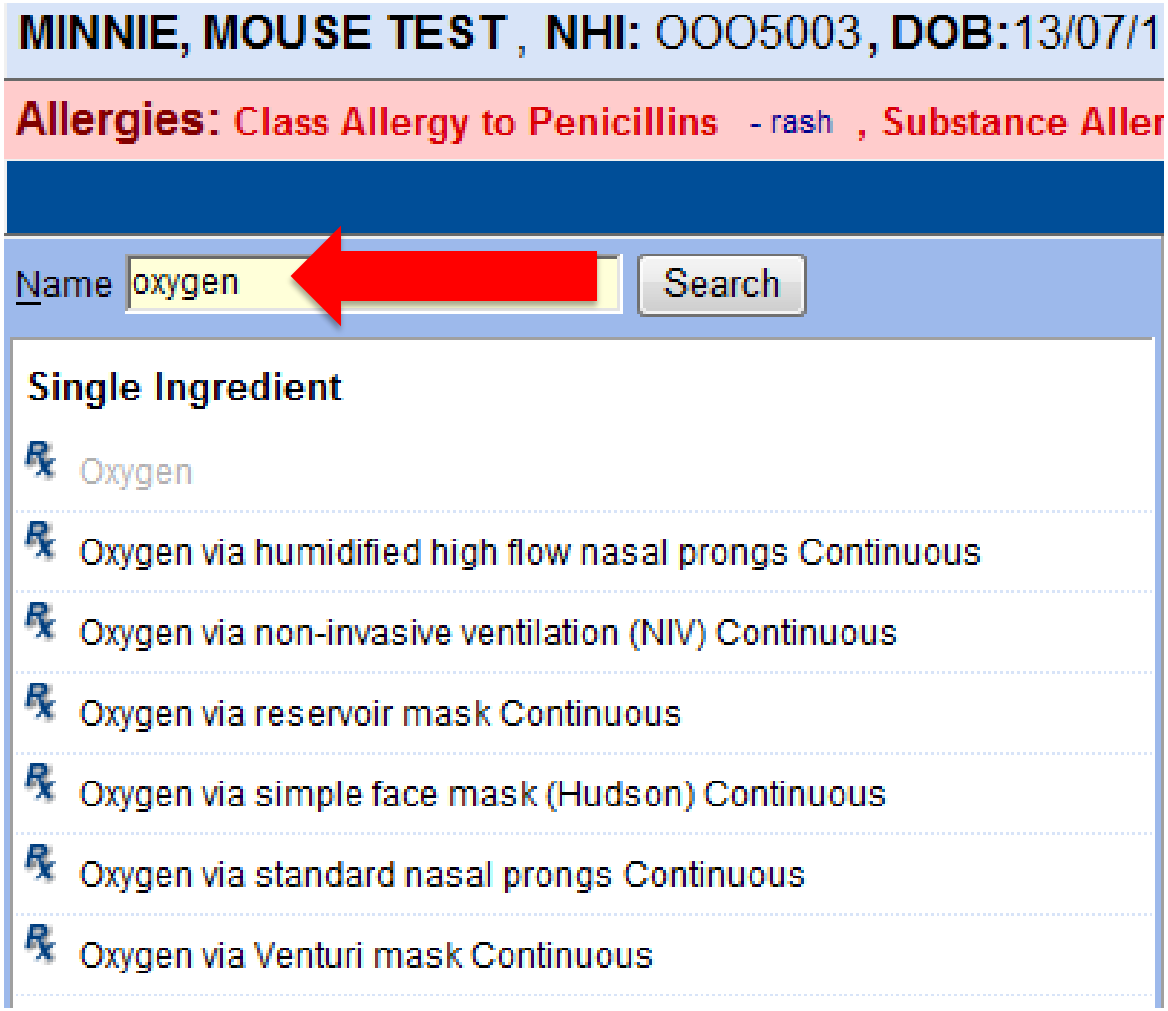
2. e-Prescribing



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2. e-Prescribing

Medication	Details
Oxygen via standard nasal prongs Continuous Inhalation	DOSE: **0.25 to 4 L/min** Inhalation **PRN** minimum dosage interval 1 minute Target SpO2 = 88-92%
	DOSE: **1 to 4 L/min** Inhalation **PRN** minimum dosage interval 1 minute Target SpO2 = 92-96%

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2. e-Prescribing

Oxygen via Venturi mask

DOSE: **24 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 3 L/min (blue). Increase to 4.5 L/min if RR>30. Target SpO2 = 88-92%

DOSE: **28 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 6 L/min (yellow). Increase to 9 L/min if RR>30. Target SpO2 = 88-92%

DOSE: **31 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 8 L/min (white). Increase to 12 L/min if RR>30. Target SpO2 = 88-92%

DOSE: **35 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 12 L/min (green). Increase to 18 L/min if RR>30. Target SpO2 = 88-92%

DOSE: **40 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 15 L/min (pink). Increase to 22.5 L/min if RR>30. Target SpO2 = 88-92%

DOSE: **50 % O2** Inhalation **PRN**
minimum dosage interval 1 minute
Oxygen flow rate 15 L/min (orange). Increase to 22.5 L/min if RR>30. Target SpO2 = 88-92%

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2. e-Prescribing

MINNIE, MOUSE TEST , **NHI:** OOO5003, **DOB:**13/07/1942, **Age:**74 years, **Weight:**79.9 kg (01/03/2017) (Mosteller)

Allergies: Class Allergy to Penicillins Add

Meds On Adm | **Scheduled - 5** | Variable Dose | **PRN - 1** | **Stat - 1** | **Infusion - 2**

Cease | Prescribe | Quick List | Protocol | Discharge | Transfer From | Edit Administer Time | Telephone Or

Medication	Date	Time	Dose	Route
Oxygen via simple face mask (Hudson) Continuous Inhalation DOSE: **5 to 10 L/min** Inhalation **PRN** (11:54) minimum dosage interval 1 minute Target SpO2 = 92-96% 27/03/2017 Jessica NAND (Pharmacist)	27/03/2017	11:55		

If r
Ne

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3. New oxygen policy

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Clinical Practices Manual

Oxygen Therapy – Inpatient & STOT Ordering

Contents

1. Overview 1
2. Key Expectations 2
3. Indications and Assessment 2
   - 3.1 Emergency Oxygen 3
   - 3.2 Pulse oximetry 3
   - 3.3 Arterial blood gases 3
4. Hazards 3
5. Prescription 4
   - 5.1 Target saturations range 4
   - 5.2 Patients at risk of C02 retention 4
   - 5.3 Oxygen in end of life care 4
   - 5.4 Oxygen Prescription examples 5
   - 5.5 E-prescribing medchart 6
6. Administration and Monitoring 7
   - 6.1 Supply Point 7
   - 6.2 Flow Meter 8
   - 6.3 Oxygen tubing 8
   - 6.3 Patient consent and education 9

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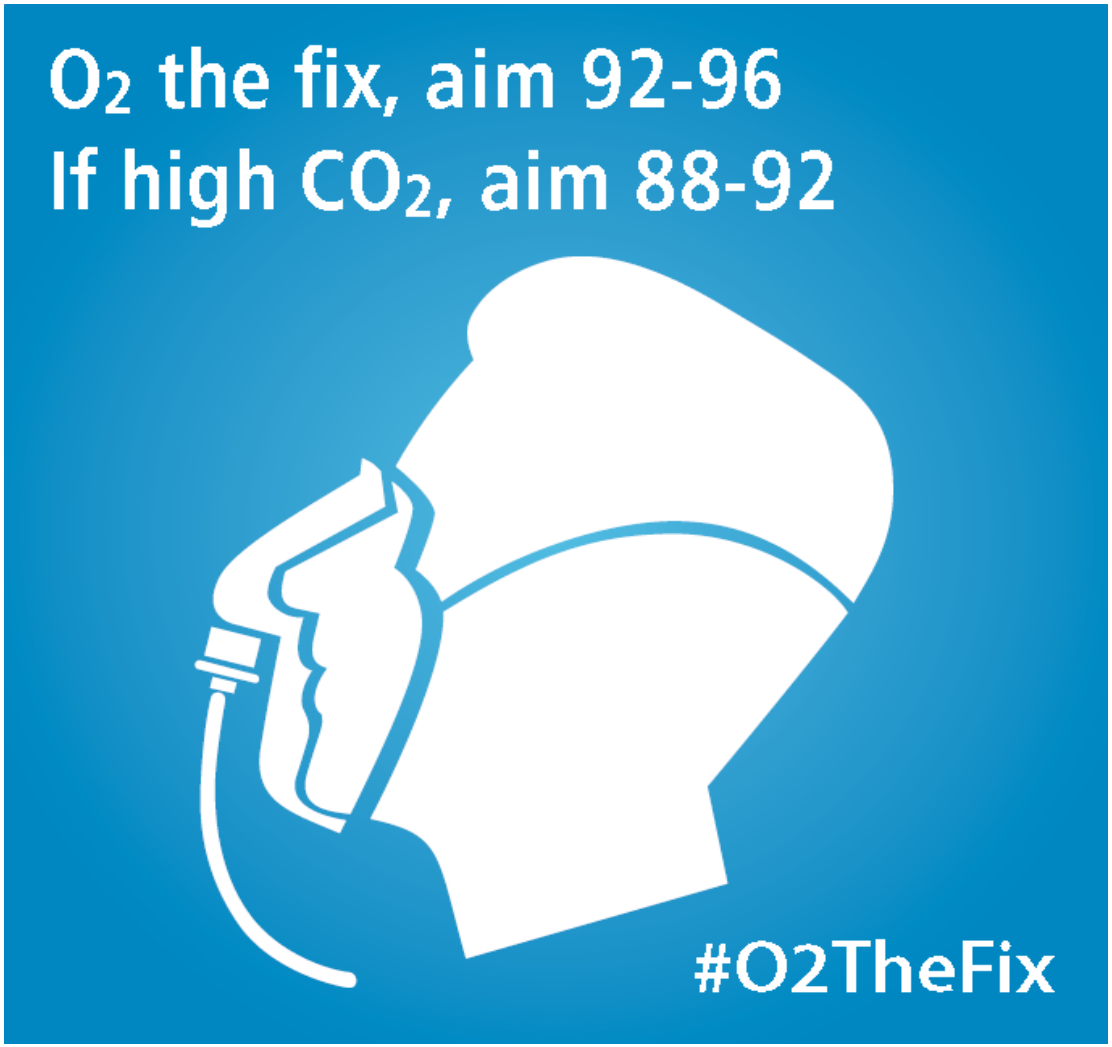
4. Campaign and launch week



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#O2TheFix

Following

Waitemata DHB

@WaitemataDHB Follows you

Serving the largest DHB population in New Zealand and operating North Shore Hospital, Waitakere Hospital, Wilson Centre and Mason Clinic.

Takapuna, New Zealand

waitematadhb.govt.nz

491 Following **1,943** Followers

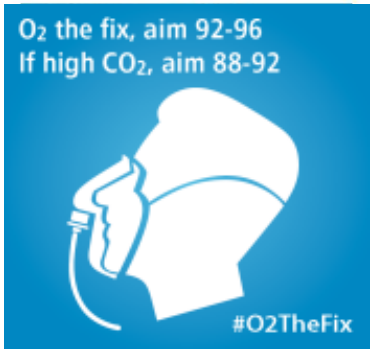
Tweets Tweets & replies Media Likes

Waitemata DHB Retweeted

Jess Nand @jess_nand · 14h

It's WDHB Oxygen Awareness Week to promote safe prescribing of O2 in alignment with TSANZ guidelines @WaitemataDHB @tsanz_thoracic #O2TheFix

Oxygen Awareness Week



Oxygen Awareness Week (**October 10-14**) is to promote the changes to oxygen prescribing at Waitemata DHB.

Come see the oxygen team in the main foyer at NSH and WTH. There will be a fun quiz and awesome prizes to give away. Look out for the posters, balloons and our catchy slogan: *"O_2 the fix, aim 92-96! If high CO_2, aim 88-92!"*

You can now electronically prescribe oxygen for patients via MedChart. Just type "oxygen" into the medicine name, select the appropriate delivery device and O_2 saturation range from the quick-list.

5. Staff education

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6. Post campaign audit

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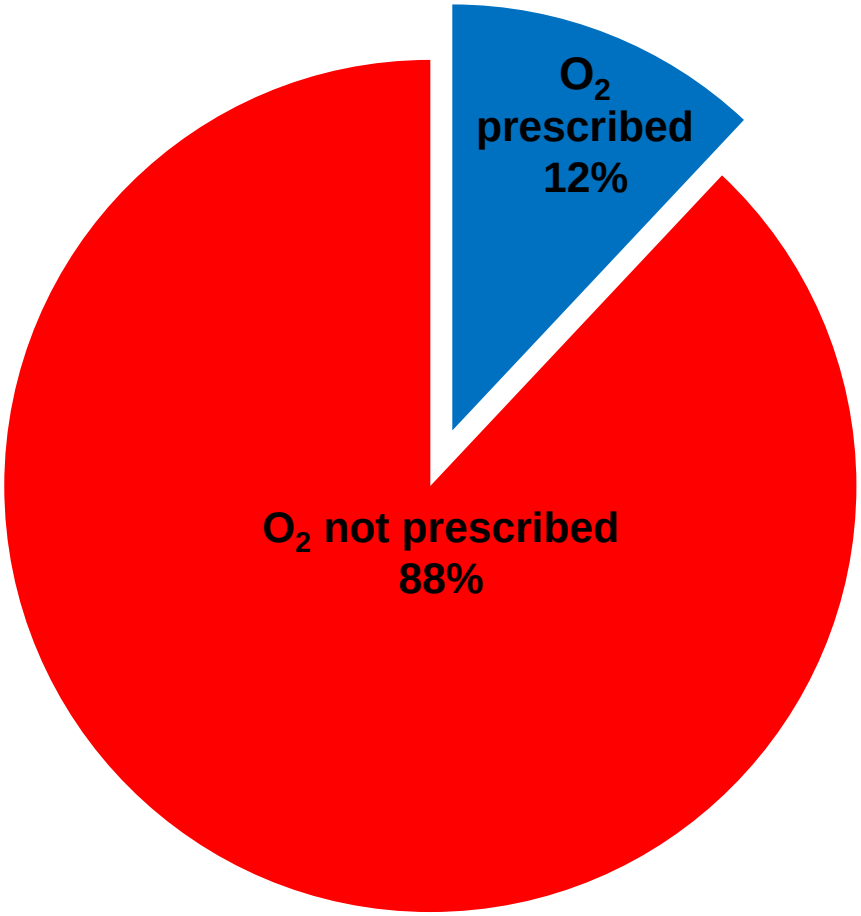
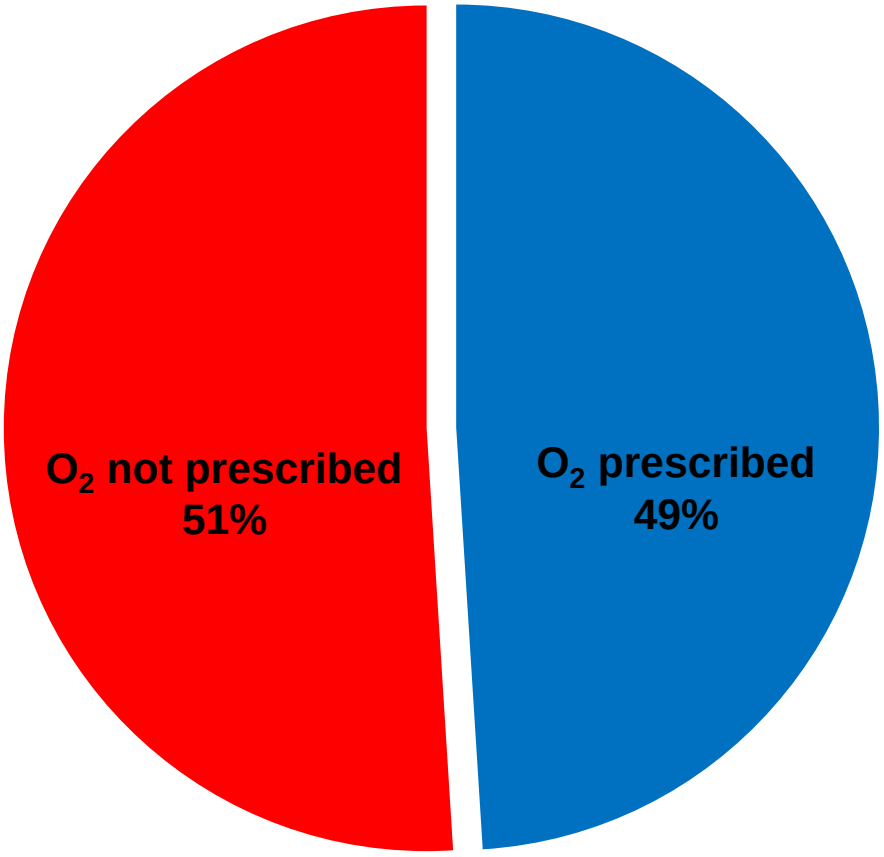
Audit of patients using O_2



Baseline



Post

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Understanding

Target saturation range ✓

FiO_2? ✓

Controlled O_2 devices ✓

O_2 masks vs nasal prongs ✓

CO_2 retainer? ✓

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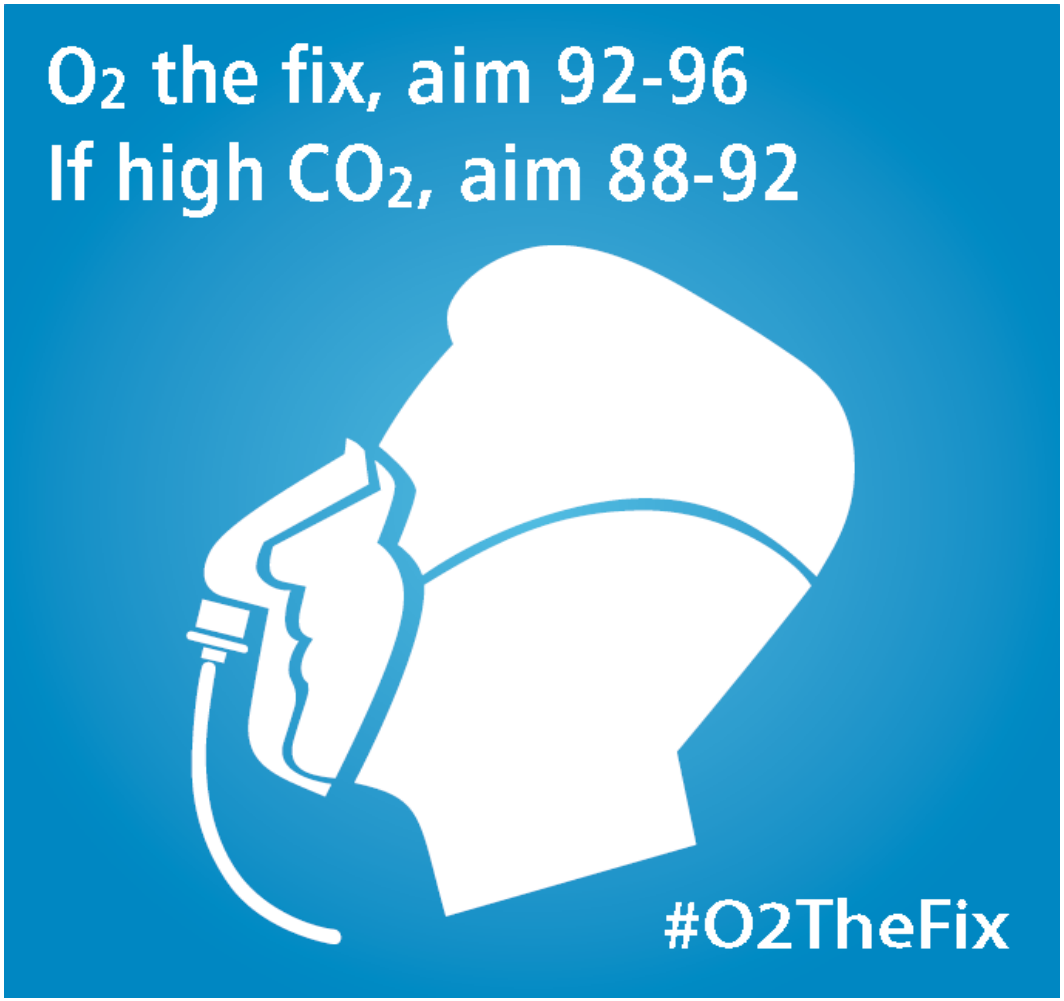
Moving forward



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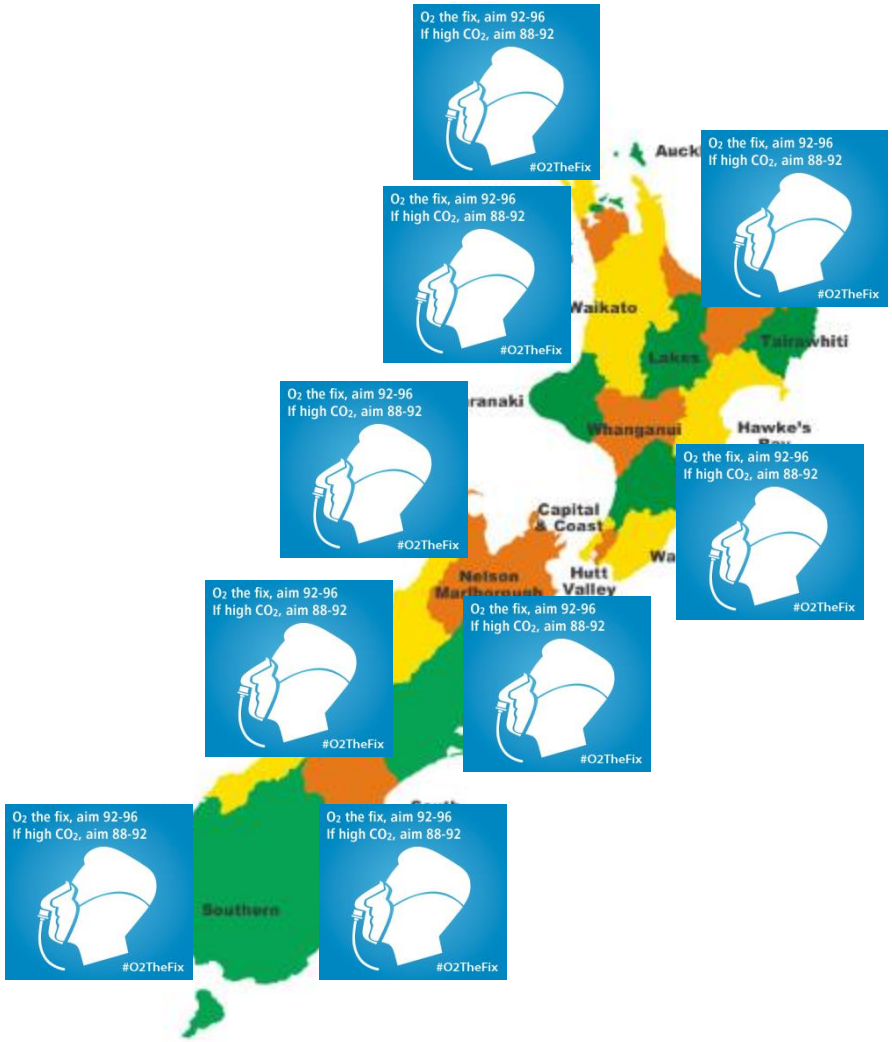
Our vision



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Conclusion

- Better
- Best
- Brilliant

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References

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- Monica McGrath, ICU Outreach Nurse
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Do the simple things well

Best care for everyone