

***Clostridium difficile* infection (CDI)** **– issues around surveillance and notifiability**

John Holmes

Specialist Science Solutions

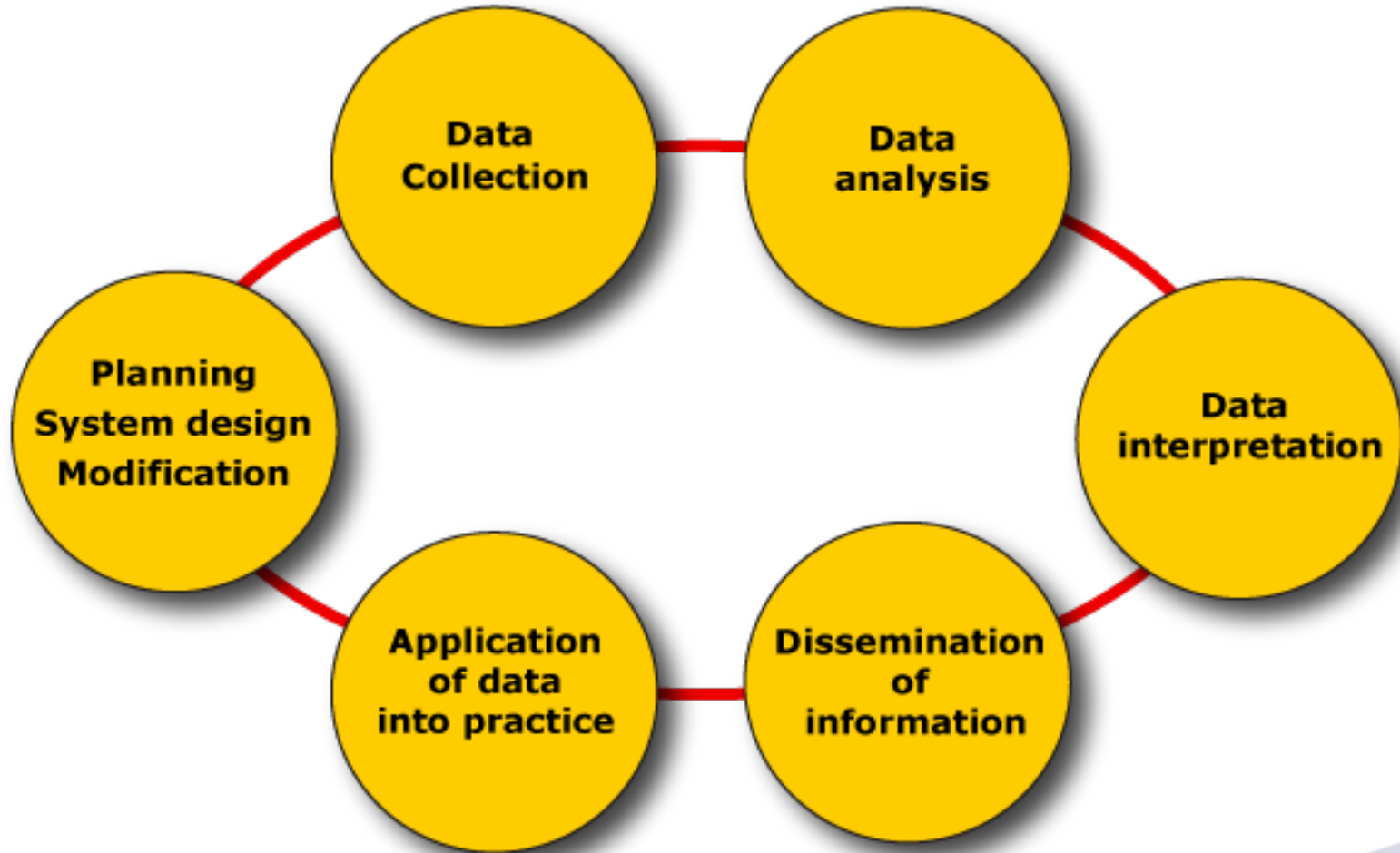
Manaaki Tangata Taiao Hoki
protecting people and their environment through science

Surveillance

The continuous monitoring of the occurrence and distribution of diseases and other health-related conditions and their determinants, for their effective control and prevention.

Adrian Sleight in Essential Epidemiology 2005

Components of Surveillance



Health Act 1956

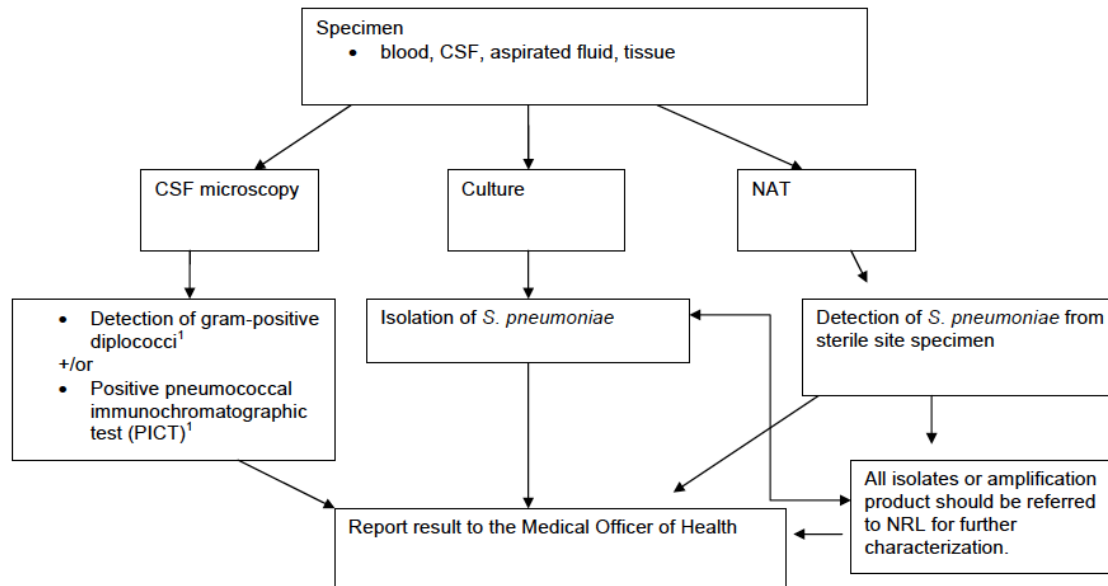
First Schedule

as 1 January 2013

Acquired Immunodeficiency Syndrome	Malaria
Acute gastroenteritis	Measles
Anthrax	Meningoencephalitis—primary amoebic
Arboviral diseases	Mumps
Brucellosis	<i>Neisseria meningitidis</i> invasive disease
Campylobacteriosis	Non-seasonal influenza (capable of being transmitted between human beings)
Cholera	Pertussis
Creutzfeldt Jakob Disease and other spongiform encephalopathies	Plague
<i>Cronobacter</i> species	Poliomyelitis
Cryptosporidiosis	Q fever
Diphtheria	Rabies and other lyssaviruses
Giardiasis	Rheumatic fever
Haemophilus influenzae b	Rickettsial diseases
Hepatitis (viral) not otherwise specified	Rubella
Hepatitis A	Salmonellosis
Hepatitis B	Severe Acute Respiratory Syndrome
Hepatitis C	Shigellosis
Highly Pathogenic Avian Influenza (including HPAI subtype H5N1)	Tetanus
Hydatid disease	Typhoid and paratyphoid fever
Invasive pneumococcal disease	Verotoxin-producing or shiga toxin- producing <i>Escherichia coli</i>
Legionellosis	Viral haemorrhagic fevers
Leprosy	Yellow fever
Leptospirosis	Yersiniosis
Listeriosis	

Direct laboratory notification

Streptococcus pneumoniae invasive disease (Invasive Pneumococcal Disease)



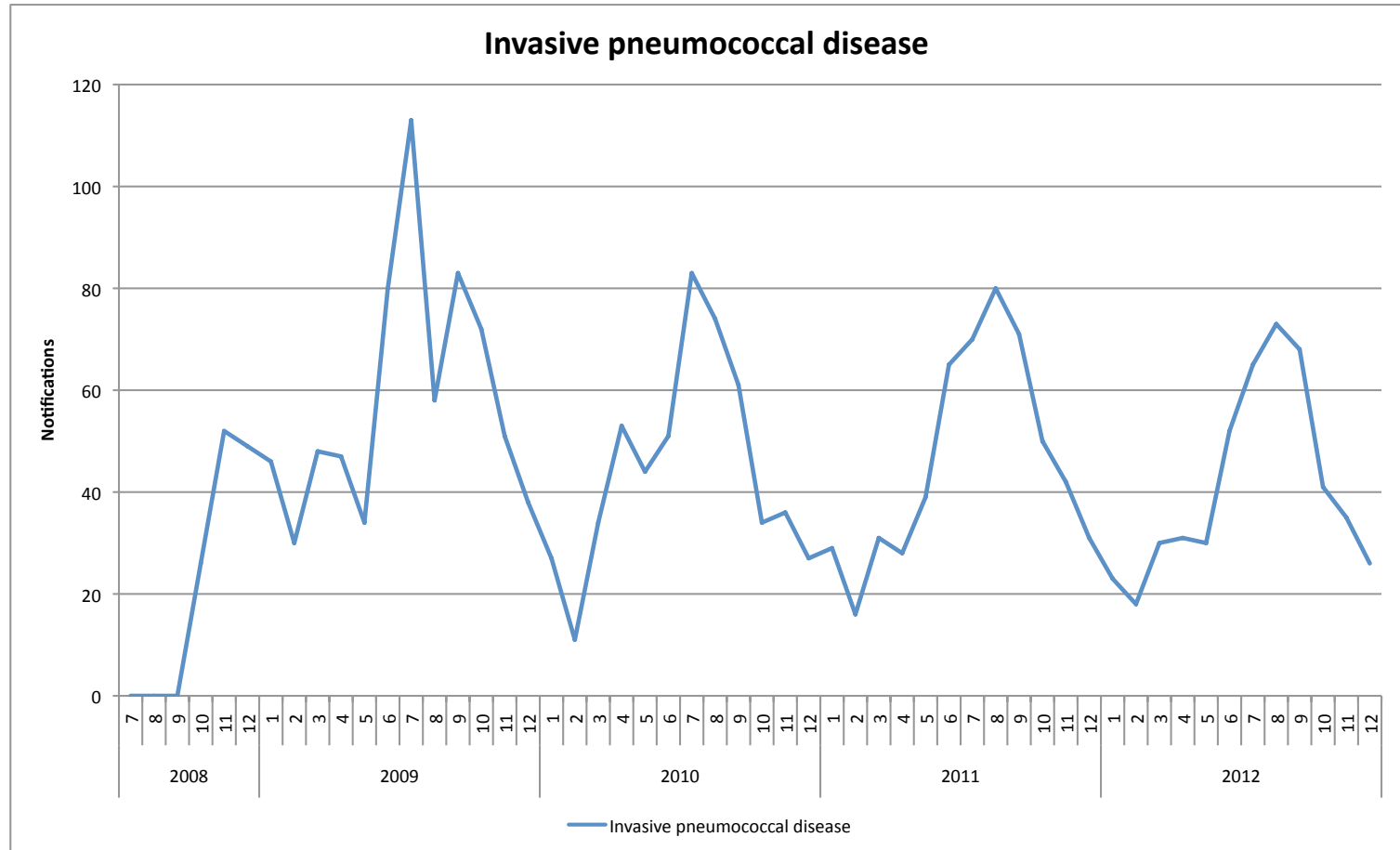
Notes

1. Arrange for NAT testing on CSF if cultures sterile so that pneumococcal disease can be confirmed. Rarely, other gram-positive cocci such as beta-hemolytic streptococci and *S. suis* may cause meningitis, although a PICT should be negative in these cases.

Information required for IPD

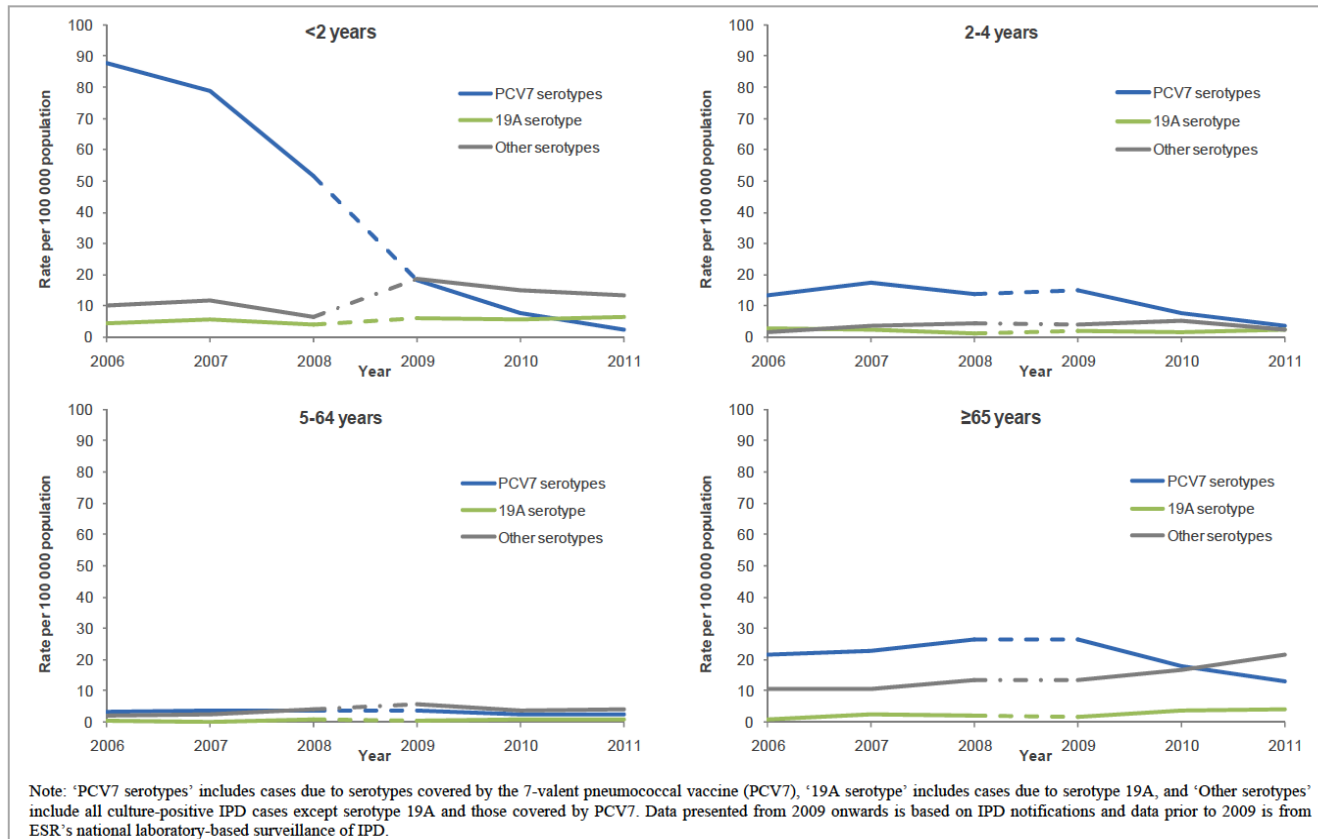
Invasive pneumococcal disease		EpiSurv No. _____
Risk Factors		
Premature <37 weeks gestation (if case is <1 year of age)*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Congenital or chromosomal abnormality (includes Down's syndrome)*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Chronic lung disease or Cystic Fibrosis*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Anatomical or functional asplenia*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Immunocompromised*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
<i>Includes HIV/AIDS, lymphoma, organ transplant, multiple myeloma, nephrotic syndrome, chronic drug therapy (e.g. chemotherapy or >20 mg/d prednisolone in last year), dysgammaglobulinaemia and sickle cell anaemia.</i>		
Chronic illness*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
<i>Includes CSF leak, intracranial shunts, diabetes, cardiac disease (angina, MI, heart failure, coronary bypass), pulmonary disease (asthma, bronchitis, emphysema), chronic liver disease, renal impairment and alcohol related.</i>		
Cochlear implants*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Current smoker*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Smoking in the household (if case is <5 years of age)*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Attends childcare (if case is <5 years of age)*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
<i>Attends childcare (regular attendance >4 hours per week) in a grouped childcare setting outside the home.</i>		
Resident in long term or other chronic care facility*	<input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Unknown
Other risk factors including illness that requires regular medical review (specify)* _____		
Protective Factors		
At any time prior to onset, had the case been immunised with the pneumococcal polysaccharide or pneumococcal conjugate vaccine?*		<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> Unknown
If yes, specify vaccination details*		
Source of information*	<input type="radio"/> Patient/caregiver recall	<input type="radio"/> Documented
Dose 1:*	<input type="radio"/> Polysaccharide <input type="radio"/> Conjugate	<input type="radio"/> Unknown
Date given* _____	Or age when first dose was given _____	<input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years
Dose 2:*	<input type="radio"/> Polysaccharide <input type="radio"/> Conjugate	<input type="radio"/> Not given <input type="radio"/> Unknown
Date given* _____	Or age when second dose was given _____	<input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years
Dose 3:*	<input type="radio"/> Polysaccharide <input type="radio"/> Conjugate	<input type="radio"/> Not given <input type="radio"/> Unknown
Date given* _____	Or age when third dose was given _____	<input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years
Dose 4:*	<input type="radio"/> Polysaccharide <input type="radio"/> Conjugate	<input type="radio"/> Not given <input type="radio"/> Unknown
Date given* _____	Or age when fourth dose was given _____	<input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years
Dose 5:*	<input type="radio"/> Polysaccharide <input type="radio"/> Conjugate	<input type="radio"/> Not given <input type="radio"/> Unknown
Date given* _____	Or age when fifth dose was given _____	<input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years
NIR Vaccination Status (to be completed by ESR)		
<input type="radio"/> Fully vaccinated for age <input type="radio"/> Partially vaccinated for age <input type="radio"/> Not vaccinated <input type="radio"/> Not applicable		
Date status updated _____	NIR Reference _____	

Notifications



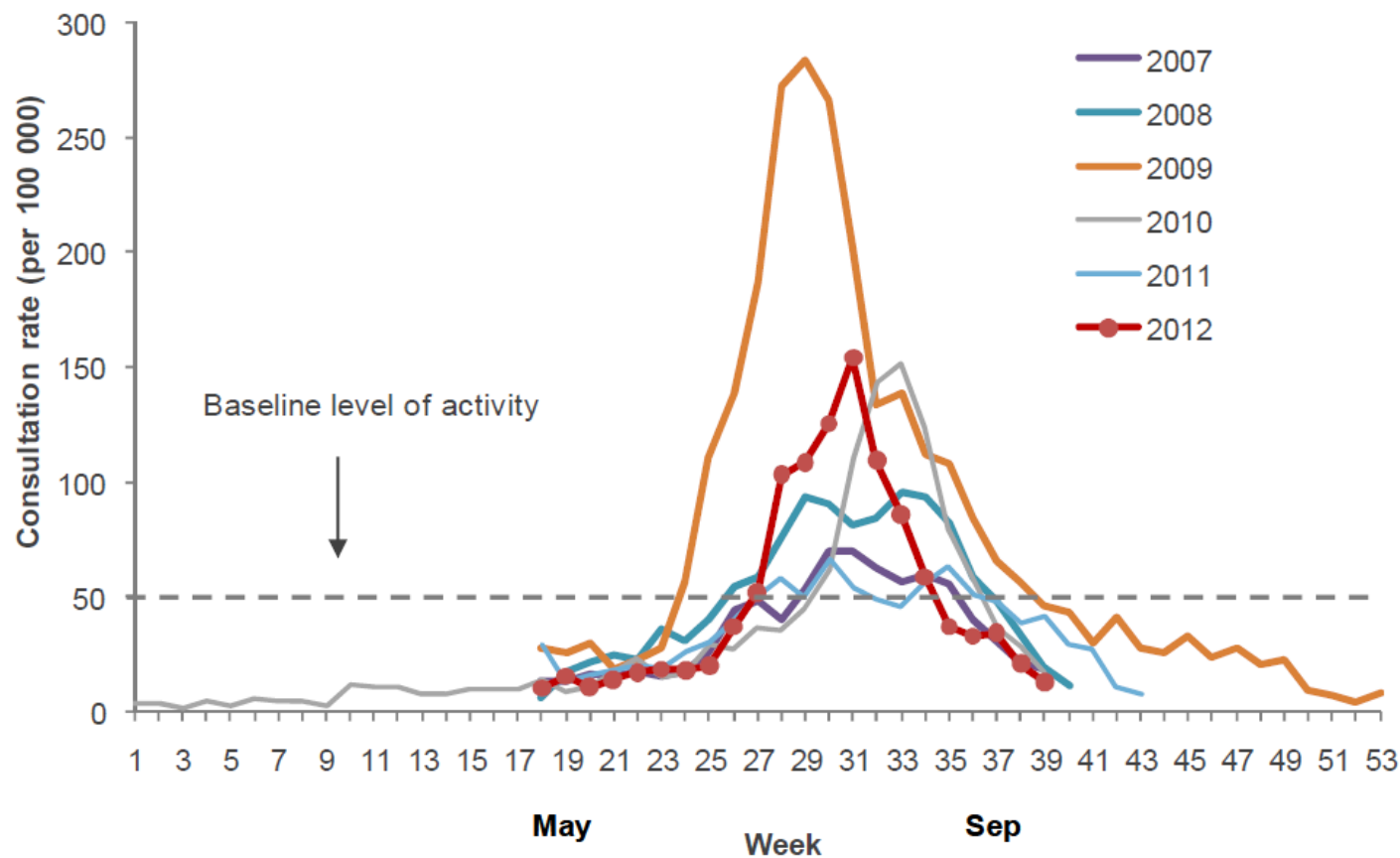
Effect of vaccination

Figure 5. Rate per 100 000 of invasive pneumococcal disease due to PCV7, 19A and other serotypes by age group and year, 2006–2011



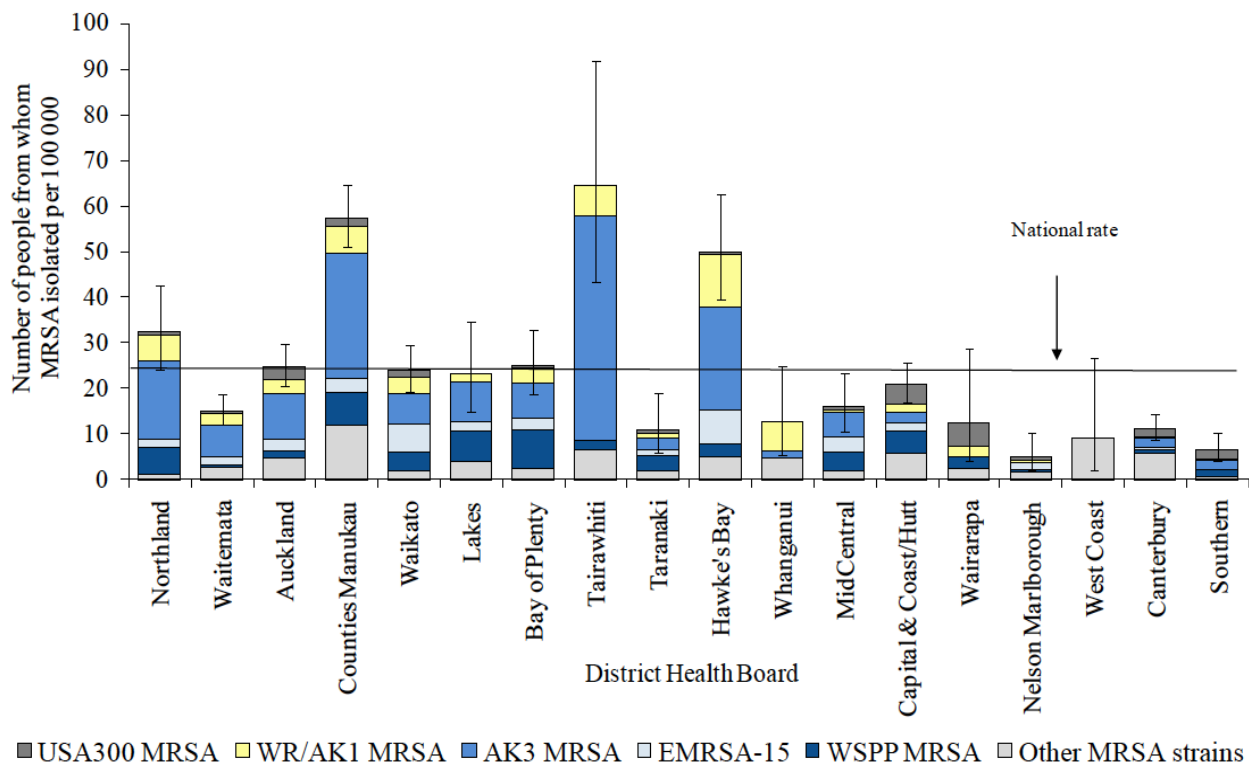
Influenza surveillance

Figure 2: Weekly consultation rates for influenza-like illness in New Zealand, 2010, 2011 and 2012



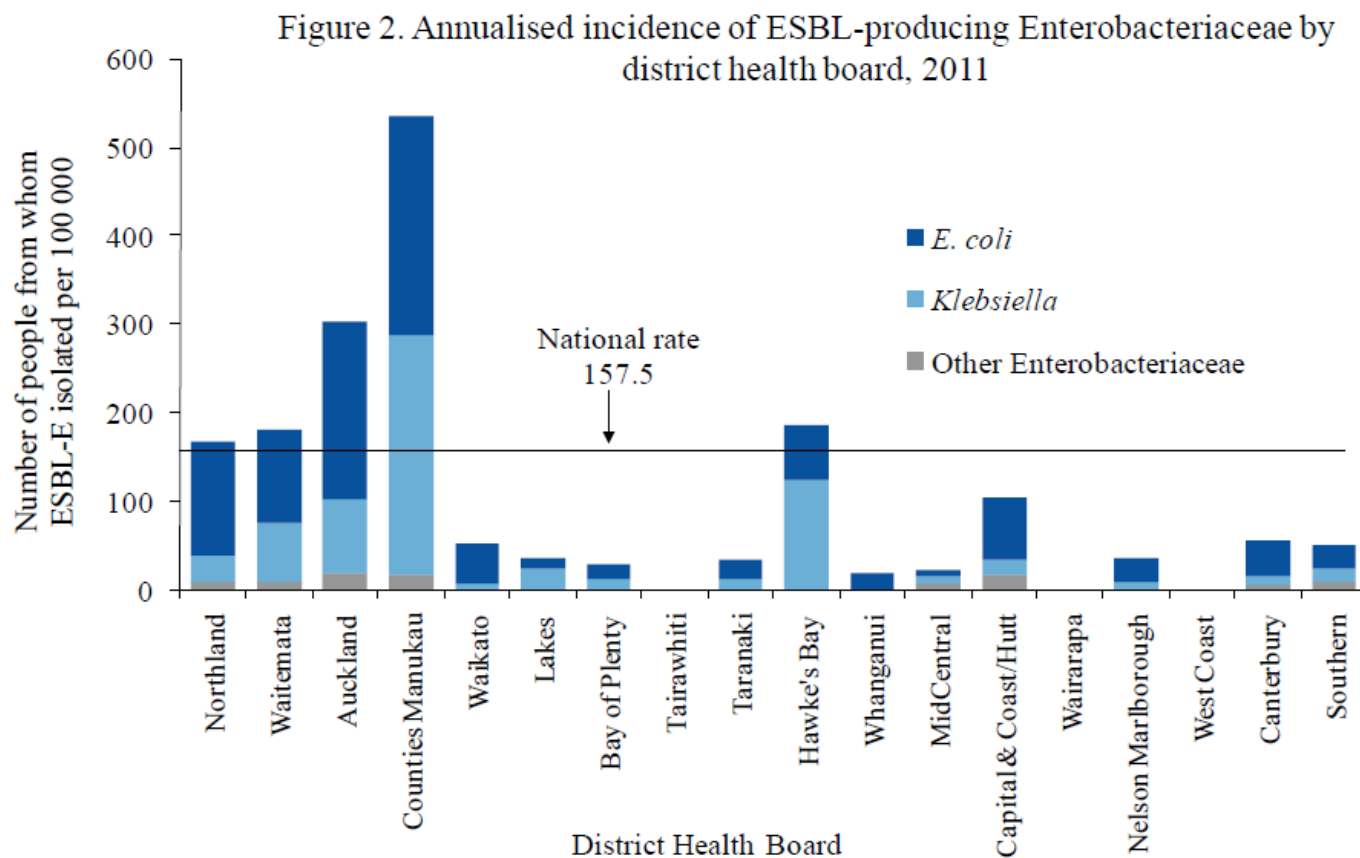
MRSA surveillance

Figure 2. MRSA point-prevalence rates by district health board, 2011



Annual survey of methicillin-resistant *Staphylococcus aureus* (MRSA) 2011

ESBL surveillance



Annual survey of extended-spectrum β -lactamase (ESBL)-producing enterobacteriaceae 2011

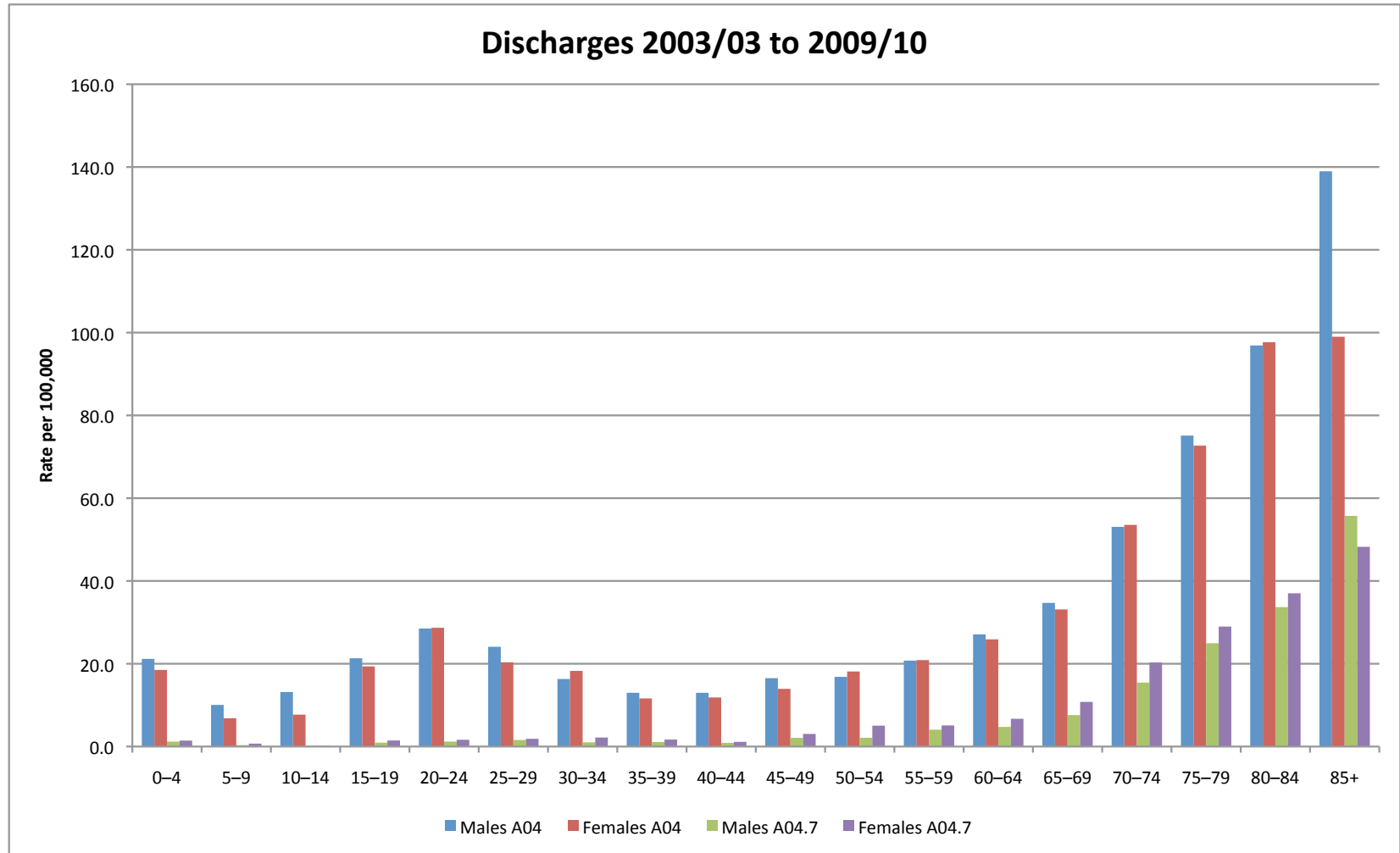
Place of surveillance



Surveillance

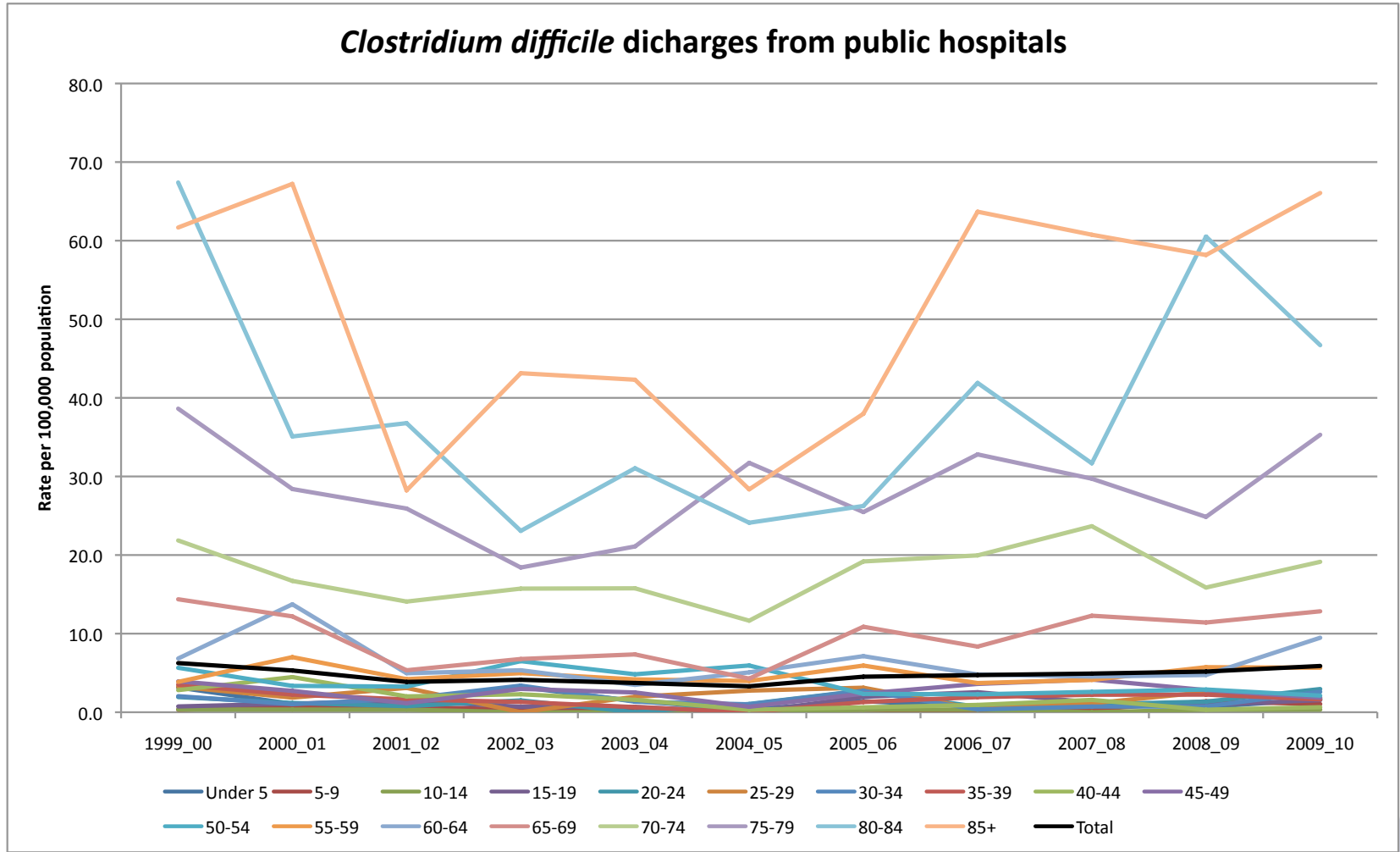
- **Information for action**
 - *Health care facilities*
 - *Community*
 - *Wider society – including animal health*

Hospitalisation from *C difficile*



Data from Hospital Morbidity Data and Ministry of Health – Chris Lewis)

Age specific rates



Principal discharge diagnosis (A04.7) from Ministry of Health

Options for surveillance

Options	Outcome	Requirements
Maintain status quo	Irregular surveillance of prevalence	Nil
Formalise the present biennial voluntary surveillance	Record of changing prevalence patterns and ribotypes	Formal arrangements and funding
Enhanced annual voluntary surveillance	Targeted surveillance	More funding
Laboratory notification	Identification of risk factors in cases	Enhanced hospital infection epidemiology



**Report of the
Controller
and Auditor-General**

Tumuaki o te Mana Arotake

**Management of
Hospital-acquired Infection**

Volume Two of Two

June 2003

Infection Control Committee

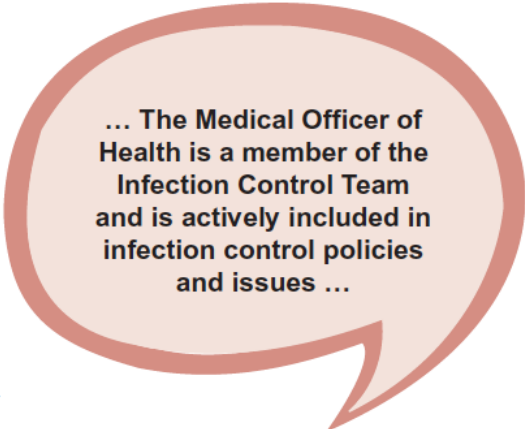
Does the Committee have a member in this staff category?	Yes	No
Infection Control Practitioner(s)*	20	0
Doctor(s)	20	1
Microbiology (i.e. laboratory) representative	20	1
Medical Officer of Health	17	4
Director of Nursing	13	8
Risk or Quality Improvement Manager*	12	8
Occupational Health Nurse(s)*	12	8
Pharmacist	11	10
Medical Director	10	11
Services manager(s)	10	11
Representative from other hospitals covered by Committee	7	14
Hospital General Manager or representative	6	15
Community representative	5	16
Maori Health representative*	2	18
* In each case one respondent did not answer this part of the question.		

Auditor-General's Report *Management of Hospital-acquired Infection* (2003)

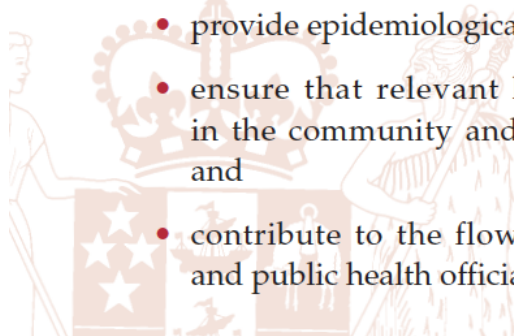
Infection Control team

5.58 Most infection control teams considered that the Medical Officer of Health should ideally have a key role in infection control within the hospital service, and agreed that the Officer should¹¹⁸:

- be a member of the infection control committee;
- work with the infection control team in managing outbreaks;
- provide epidemiological¹¹⁹ advice;
- ensure that relevant hospital staff understand the infection risks in the community and the different approaches to controlling them; and
- contribute to the flow of information between the hospital service and public health officials.



... The Medical Officer of Health is a member of the Infection Control Team and is actively included in infection control policies and issues ...



Key Points

- *Clostridium difficile* infections (CDIs) increased several fold in the past decade and became more serious, but are nonetheless preventable.
- Of all CDIs, 94% are related to health-care exposures and are potentially preventable by reducing unnecessary antibiotic use and interrupting patient-to-patient transmission of *C. difficile*.
- CDIs were reduced by 20% over approximately 21 months by 71 hospitals participating in prevention programs focused primarily on infection control strategies (e.g. early reliable detection, isolation, and enhanced environmental cleaning).
- Of all health-care-associated CDIs, 75% have their onset outside of hospitals, and 52% of the CDIs treated in hospitals are present on admission; these infections are a potential source for intrahospital transmission.
- More must be done to prevent CDIs by various stakeholders working together to expand prevention strategies, including a greater focus on antibiotic stewardship and extending prevention strategies in settings across the continuum of health-care delivery.

Questions

- **What is the extent of CDI in New Zealand**
 - *How is the epidemiology changing*
- **Is CDI a serious population health issue**
 - *(or is it a component of hospital acquired infection)*
- **Is laboratory notification required**
 - *Who would do the investigations*
- **What is the benefit of investigating individual cases**
 - *What is the opportunity cost of investigating cases*
- **Any alternative approaches**

In summary

- **Vigilance**
 - *Awareness of issue in clinicians (hospital / community)*
 - *Surveillance*
 - *Case definitions*
 - *Testing methods*
- **Diligence**
 - *Infection prevention and Control techniques*
 - *Antibiotic stewardship*
 - *One Health*

- **The surveillance and control of priority communicable diseases remains a fundamental public health task. Surveillance, particularly through disease notification, is important not just because of the information it provides on broad trends in these diseases, but more importantly because it is the trigger for actions to control outbreaks, and hence protect the health of our communities. Surveillance and response systems also require the participation of individuals and organisations both across the health sector and in other sectors.**