

A consumer centred approach to improving patients' diabetes control.

Whakakotahi project
2019

Our Team

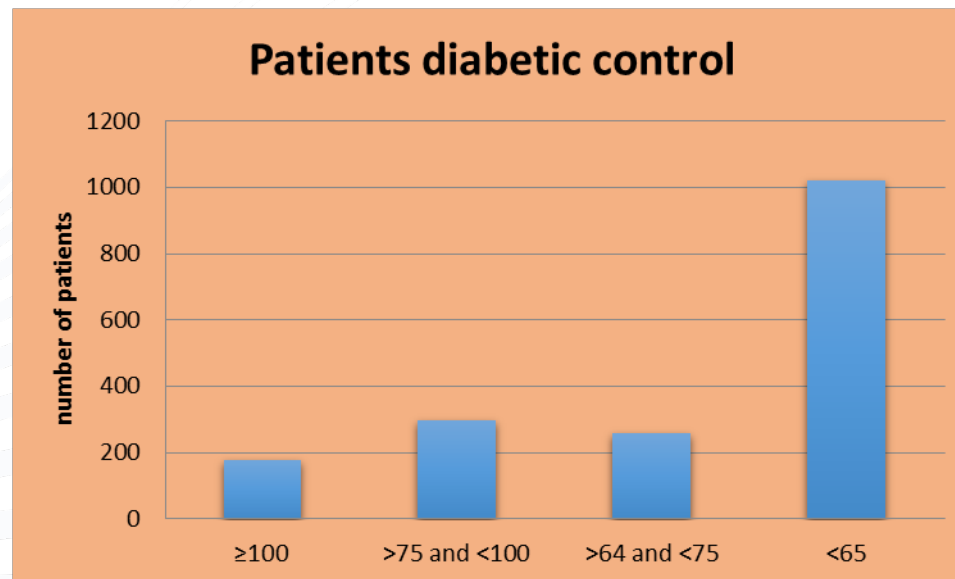


Centre manager: Ivona Savali
Practice nurse: Arishma Singh
Practice nurse: Tristan Rosales
Project lead: Sue Tutty
Care coordinator: Anjini Ram Kumar

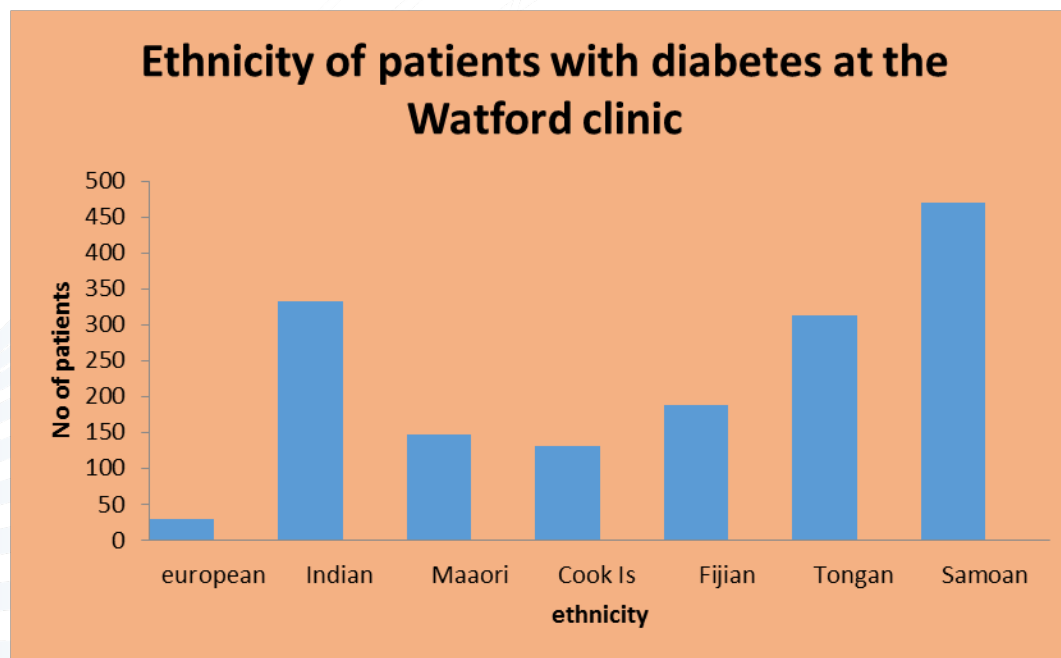
Health Coach: Sheetal Patel
Absent
Diabetes nurse specialists: Harpreet
Kaur/ Kate Smallman
Clinical Family Navigator: Priya Francis

- There are 37,000 people with diabetes in Counties Manukau DHB
- Of those, more than 8,500 have been identified as poorly controlled with an HbA1c > 74.9 mmol/mol.
- This number has increased slightly over the past 5 years.
- poor control is associated with the later development of disabling and life threatening complications.
- Complications include increased cardiovascular risk such as heart attacks and strokes, kidney damage, visual loss and loss of feeling to legs that can lead to amputations.

- At Watford clinic there are 1,746 patients with diabetes.
- 42% of these patients are not well controlled



- The majority of the patients with diabetes are Pacific Islanders with Samoan people being the largest ethnic group

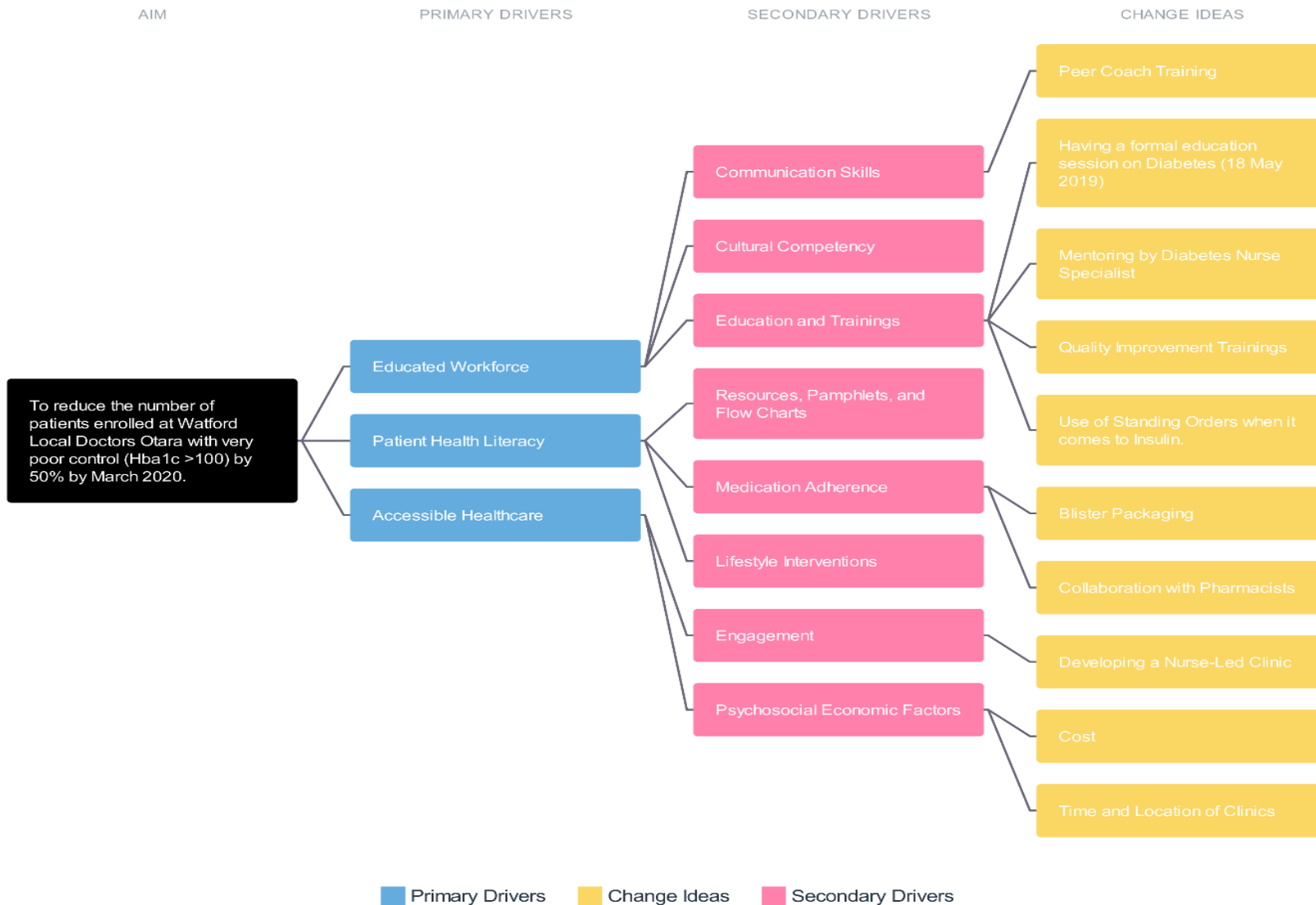




In April 2019 Bairds road surgery moved across the road to it's new premises and was renamed Watford Clinic

- Diabetes is a cause of significant morbidity and mortality in South Auckland
- Watford clinic is a busy clinic covering both family medicine and acute care and sees a large number of diabetic patients
- Many of our diabetic patients do not engage well in their diabetes care.
- By empowering patients more in their diabetes care we can improve patients outcomes.

Driver Diagram



Initial Outcome data

- The initial data appears to show a hump over Christmas time so we may need to look for 12 months of data to be able to establish a trend.

