

**MATERNITY VITAL SIGNS CHART**

Maternity Vital Signs	Date Time (24 hour)						MEWS
<b>Respiratory Rate</b> (breaths/min) <i>write RR value</i>	≥ 31						
	26-30						3
	21-25						2
	10-20						0
	6-9						3
	≤ 5						
<b>Oxygen</b> (L/min)	Room air X						0
	L/min						2
<b>Oxygen Saturation</b> (%) <i>write SpO<sub>2</sub> value</i>	≥ 95						0
	92-94						2
	≤ 91						3
<b>Heart Rate</b> (bpm) <i>mark HR with X write value if off scale</i>	≥ 140						
	130s						3
	120s						2
	110s						
	100s						1
	90s						
	80s						
	70s						0
	60s						
	50s						1
40s						3	
	≤ 30s						
<b>Systolic Blood Pressure</b> (mmHg) <i>mark SBP with X write value if off scale</i>	≥ 200						
	190s						
	180s						
	170s						3
	160s						
	150s						2
	140s						
	130s						
	120s						0
	110s						
100s							
90s						1	
80s						2	
70s						3	
60s							
≤ 50s							
<b>Diastolic Blood Pressure</b> (mmHg) <i>mark DBP with X write value if off scale</i>	≥ 110s						3
	100s						2
	90s						
	80s						
	70s						
60s						0	
50s							
≤ 40s							
<b>Temperature</b> (°C) <i>mark Temp with X write value if off scale</i>	≥ 39s						3
	38s						1
	37s						0
	36s						
	35s						1
≤ 34s						3	
<b>Level Of Consciousness</b>	Normal						0
	Abnormal						3
<b>MEWS TOTAL</b> or apply exemption (EX)							
<b>Pain Score (0-10)</b>	Rest						
	Movement						
<i>Initials</i>							

Surname: \_\_\_\_\_

First Names: \_\_\_\_\_ Sex: \_\_\_\_\_

*AFFIX PATIENT LABEL HERE*

Date of Birth: \_\_\_\_\_ NHI#: \_\_\_\_\_

**THIS CHART IS FOR PREGNANT OR RECENTLY PREGNANT WOMEN ONLY (WITHIN 42 DAYS)**

**ESCALATE CARE FOR:**

- ANY WOMAN YOU, THEY OR THEIR FAMILY ARE WORRIED ABOUT, REGARDLESS OF VITAL SIGNS OR EARLY WARNING SCORE
- ACUTE FETAL CONCERN

Mandatory escalation pathway	
MEWS total	Action
<b>MEWS 1-4</b>	
<b>MEWS 5-7</b>	
Acute illness or unstable chronic disease	
<b>MEWS 8-9</b> or any vital sign in pink zone	
Likely to deteriorate rapidly	
<b>MEWS 10+</b> or any vital sign in blue zone	
Immediately life threatening critical illness	

A full set of vital signs with corresponding MEWS must be taken and calculated each time at a frequency stated in hospital policy. If there is no timely response to your request for review, escalate to the next coloured zone.

**Modification to Maternity Early Warning Score (MEWS) Triggers**

The MEWS can be changed to prevent inappropriate escalation. All modifications should be made in line with local policy and regularly reviewed by the responsible clinician.

**Query any modification that is not signed and dated.**

Vital sign (use abbr)	Accepted values and modified MEWS	Date and time	Duration (hours)	Name and contact details
		/ /		
		:		
Reason:				

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