

# People living in aged residential care

## Vulnerabilities

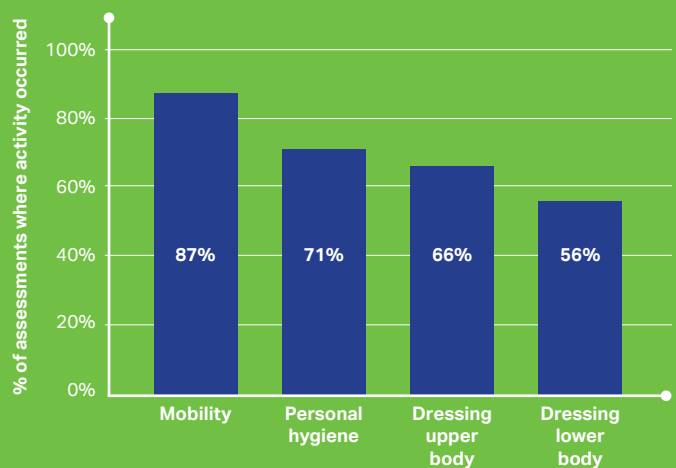
- 49%** have a diagnosis of dementia including Alzheimer's disease.
- 44%** have cognitive difficulties with everyday decisions such as what clothes to wear.
- 45%** are incontinent or frequently incontinent.
- 73%** use a walking stick, walking frame, wheelchair or scooter to move around.
- 20%** have fallen in the last 30 days, and 8% have a high risk of a future fall.
- 9%** have experienced weight loss.

## Strengths

- 71%** spend some or most of their time involved in activities.
- 92%** have a strong and supportive relationship with family.
- 61%** rate their health as good or excellent (of those that are able to self rate).
- 71%** have a consistent positive outlook.
- 74%** have an enduring power of attorney.
- 76%** find meaning in day-to-day life.



## Independent or requires limited assistance with activities of daily living (%)



Throughout New Zealand, nurses in aged residential care facilities use the standardised interRAI LTCF assessment instrument to inform care plans for residents. The data is then aggregated to provide information at provider, regional and national level.

This analysis is based on **73,000** assessments of people living in aged residential care in New Zealand during 2018/19.



More data about the health of older people is at [www.interRAI.co.nz/data](http://www.interRAI.co.nz/data)