

'This is my plan, it's been designed by me – not by the doctors, not by my children, but by me.'

Arthur Te Anini

Kia kōrero

Let's talk

Advance care planning

Would your whānau know what health care and treatment you want if you couldn't speak for yourself? It's not easy to talk about your future health and end-of-life care, but it's important.

Visit www.myacp.org.nz for ideas about how to start the conversation and write your advance care plan.



HEALTH QUALITY & SAFETY
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